

# New Approaches to Energy Efficiency & Green Building

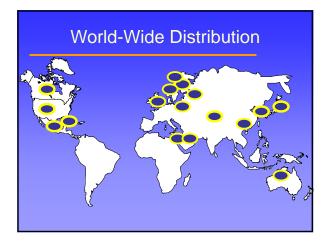
Control of Air Leakage and Moisture Vapour Transmission

## Who is Icynene Inc.?

- Founded in November, 1986 in Toronto Canada
- Product : soft low density foam insulation.
- A Green product
  - which uses water as the agent of expansion
     contains no HCFC's, HFA's, formaldehyde
     PBDE's or volatile organics
- An air barrier and insulation in one which is breatheable

#### The Icynene Insulation System®

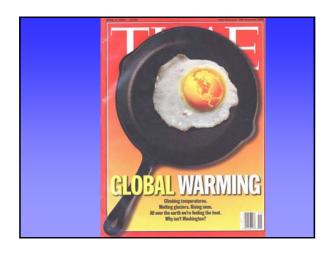
- Icynene Inc. is a member of Green Building organizations around the world
- The product has been used in "Health Houses" for asthmatics sponsored by the American Lung Association
- 21 years of experience and over 150,000 buildings of all types insulated –schools, hospitals, museums, art galleries, laboratories, churches, factories, residentia



#### **Buildings Contribute to Global Warming**

- 40% of energy is used by residential and commercial buildings.
- 40% by transportation.
- 20% by industrial processes.

We must reduce the use of energy in modern buildings and retrofit older structures to reduce carbon dioxide emission.



# **Building Practices Today**

- Thermal Resistance (R-Value) is still the focus of gov't and the public.
- Energy Codes are mistakenly increasing R-Value requirements.
- Increased Costs
- Condensation Problems / Mold

# Types of Energy Transfer

- **»Conduction**
- **»Convection**
- »Radiation
- »Mass Transfer

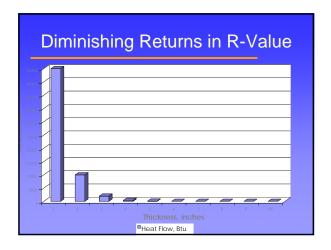
Note that R-value only measures conduction

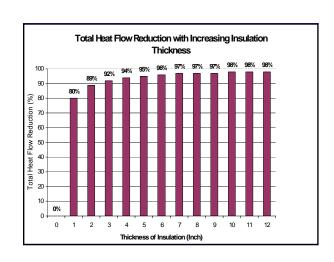
#### **How Insulation Works**

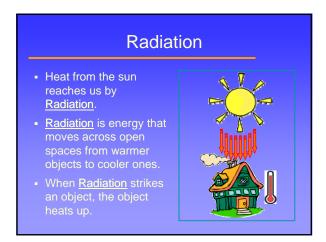
- Conduction is heat transfer through a solid material, or between two materials in direct contact.
- When a steel pot is placed on a hot stove, the handle will become hot due to Conduction.

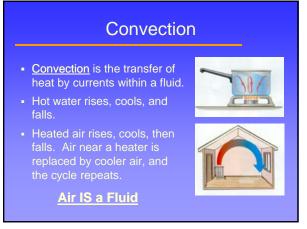


Insulation is tested for & designed for its ability to resist conduction

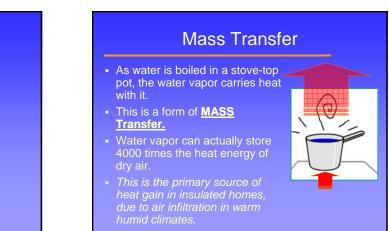


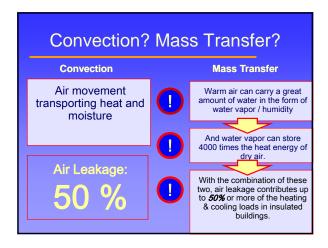






























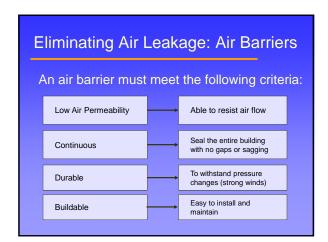


# Common Air Leakage Pathways

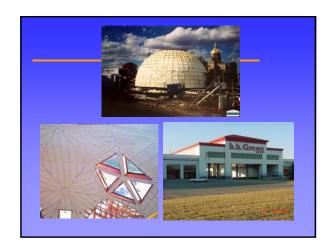
- Cracks in masonry
- Poor or non-existent mortar joints
- Plumbing and electrical wiring penetrations to the exterior
- Improper detailing of windows































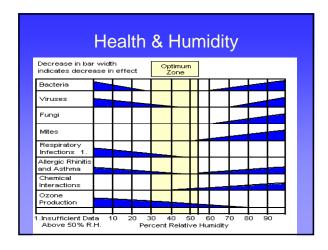


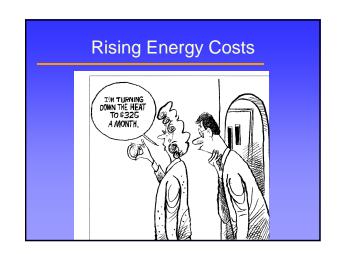
#### Goals

- Air Leakage Control vs. R-Value
- Strategies to improve thermal performance
- Discuss control of condensation & mold
- Introduce low-density spray-in-place foam

#### **Status of Modern Construction**

- In the last 50 years there have been significant changes in the way buildings are constructed and the materials that are
- People believed that doubling the thickness of insulation doubled the energy savings.





# What is Building Science?

- The study of the response of buildings, building materials and people to:
  - »Heat
  - »Air pressure
  - »Moisture
  - **»Sound**







#### Mold

- Increased awareness of indoor air quality and mold
- Dramatic rise in asthma

(American Lung Association)

- 72% increase in children
- 61% increase in adults



# Mold

"A new study attributes nearly 100% of all chronic sinus infections to mold"

Mayo Clinic 1999/ USA Today



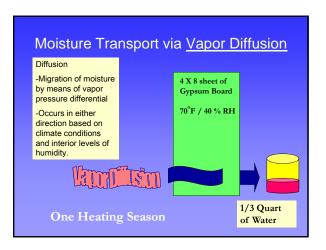


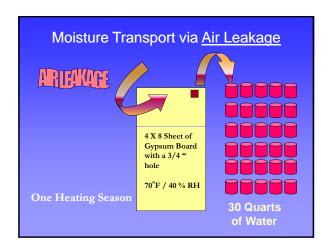






# Moisture Control How do buildings get wet? 1. Bulk Moisture / Water - Foundation, Walls, and Roof - Capillary Action 2. Water Vapor - Air Transport - Vapor Diffusion





90% of <u>ALL</u> building failures in the United States are related to moisture.

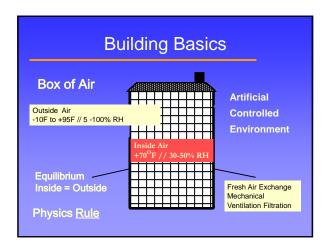
ASHRAE

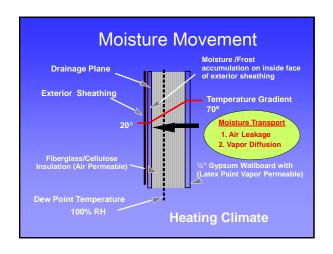
# "Systems" Approach

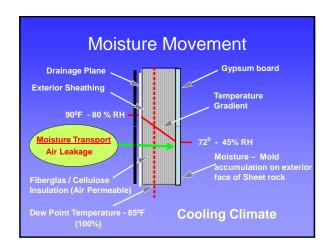
A building is <u>not</u> a collection of individual building materials that will perform satisfactorily as long as we toss them together.

Rather it is a sum of <u>inter-dependent</u> components forming a system which will perform well only if appropriate components are chosen and installed properly.









#### What is Causing Problems?

- Deterioration of buildings due to moisture build up from air leakage and condensation.
- Increased Air Pressures
  - Increased use of (HVAC)
  - Increased height of buildings / stack effect
  - Mechanically forced air leakage leaky ducts

## Air Leakage is the Problem

- One of the causes for condensation, mould and moisture damage is air leakage through air permeable insulation.
- Air Leakage brings heat and moisture from the outdoors into the building interior.
- Cold air conditioned air will not support as much humidity in the vapor state as warm air. Condensation can occur.

#### Common Air Leakage Pathways

- Cracks in masonry
- Poor or non-existent mortar joints
- Plumbing and electrical wiring penetrations to the exterior
- Improper detailing of windows



Cracks in masonry curtain wall at an airport

Examples of Air Leakage Issues with New and Existing Buildings overcome with Soft Foam

- Glass Spandrel panels
- Germ and toxic chemical migration in Laboratories and Hospitals – positive pressure
- Improper detailing of windows
- Gaps where walls meet floors
- Floors projected over unconditioned space



Examples of Air Leakage Issues in New and Existing Buildings Overcome with Soft Foam

- Glass Spandrel panels
- Germ and toxic chemical migration in Laboratories and Hospitals – positive pressure
- Improper detailing of windows
- Gaps where walls meet floors
- Floors projected over unconditioned space





## Buildings will get wet

- Many buildings at some time will experience water in the interior in some fashion eg. roof leaks, condensation.
- The idea that a building can be totally waterproof is virtually impossible to achieve.
- Better to design using materials which, if they do become wet, can dry and resume their function without turning into mush or distorting.

#### **Moisture Control**

How do buildings get wet?

- 1. <u>Liquid Water Intrusion</u>
  - Foundation Walls and Roof Leaks
    - Improper window detailing
    - Plumbing Leaks
    - Capillary Action (Rising Damp)
- 2. Moisture Vapour Condensation
  - Air Transport
  - Vapour Diffusion



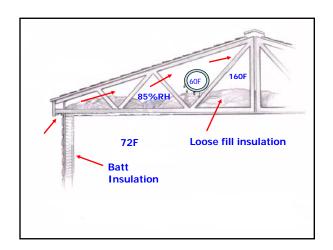


#### **Hot Climates**

- In the past, attic venting was introduced to remove heat.
- Venting was thought to prolong the life of asphalt shingles.
- Ducts installed above insulation layer in a hot/humid attic.

#### But.....

- Outside air is hot & humid
- Hot humid air in contact with metal ducts will condense

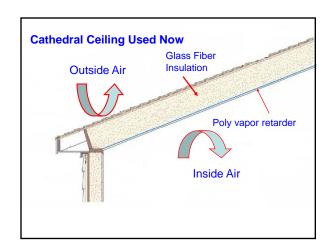


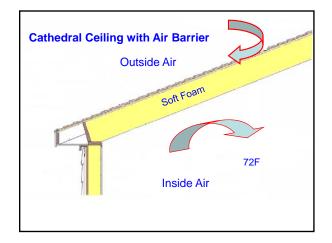


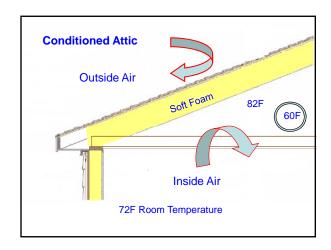


## **Ductwork In Attic**

 Duct losses usually require an extra ton of cooling or more, and significantly increase energy consumption.











#### Recent Trends in Building Science

- Importance of Air Leakage now recognized
- R-Value not valid to predict insulation performance
- Vapor retarder / barrier losing prominence
- New Codes (IBC, IRC) being adopted which have a performance as well as a prescriptive option
- The Conditioned Attic (unvented) has been adopted by the National Codes

# The Myth of R-Value

- Increasing R-Value
  - Will not substantially save energy
  - Is not cost effective
  - Does not address condensation issues

#### **Controlling Air Leakage is key**

#### **Cost Effective Solution**

Soft Foam Insulation - Spray Applied

- Superior Air Leakage control
- Draft free environment
- Helps control condensation / mold
- Significant reduction in energy usage
- Sound Attenuation





# THANK YOU FOR YOUR TIME

# **Questions?**

This concludes the American Institute of Architects Continuing Education Systems Program

# The Icynene Insulation System®

- -Flexible, Low Density Foam
- -Non-Toxic / No Chemical Emissions
- -Effective R-Value / No Voids
- -Air Barrier / Pressure Boundary Saves 30--50% of Total Heat Loss
- -Canadian Advanced Technologies
- -20 Years / 150,000 + Projects
- -Spray and Cavity fill formulas
- -Sound Attenuation
- -Life Time Warranty



# Incremental changes to R-value are not an answer

- Minimal benefit of adding R-Value realized only if insulation is installed perfectly:
  - No gaps, voids, air infiltration
  - No settling over time
- Perfect installation doesn't always happen:

Prescribed Installation

Cut insulation to accommodate wires & junction box, and completely fill the cavity



Compressed insulation and voids create cold